

"62% of Ontario youth report having had concerns about their level of anxiety."

- Children's Mental Health Ontario

"Suicide accounts for 24% of all deaths among 15-24 year olds."

- Canadian Mental Health Association

STUDENTS' MENTAL HEALTH MATTERS RALLY

"As many as 1 in 5 children and youth in Ontario will experience some form of mental health problem. 5 out of 6 of those kids will not receive the treatment they need."

- Children's Mental Health Ontario

Wednesday, September 25

5:00 - 6:30 PM

UCDSB Board Office

225 Central Avenue West, Brockville

**Come out and tell our
Public School Board Trustees that**

**PROFESSIONAL SUPPORT
FOR STUDENTS'
MENTAL HEALTH
IS ESSENTIAL**

"The total number of 12-19 year olds in Canada at risk for developing depression is a staggering 3.2 million."

- Canadian Mental Health Association

"Given that children and youth spend a substantial part of each day within the school setting, these communities become a natural and important venue for mental health service delivery."

- Mental Health Commission of Canada

Wear RED